

TRAINING FOR THE HEALTH CARE ASSISTANTS

(April – September 2022)

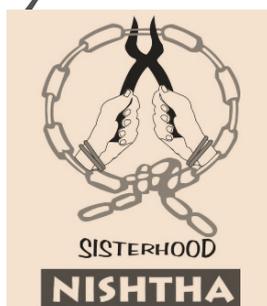
QUATERLY REPORT

Supported By

宗像財団

MUNAKATA FOUNDATION

Implemented By



Subuddhipur, De Para, Baruipur,
South 24 Parganas District,
West Bengal, India, 700144,
Phone: 91- 33- 24331925/24339865

Contact person: **Mina Das**

Email: nishtha.wb@gmail.com

Official Website: <http://www.nishtha.org.in/>

Area of Implementation:

**South 24 Parganas District, West Bengal,
India**

BACKGROUND/PROBLEM ANALYSIS

Nishtha is highly indebted to Munakata Foundation for supporting one of our most flagship projects, 'Health Care Assistant Training' since 2019, with an aim to make the most deprived girls to become

self-reliant and stand on their own feet. This project is extremely unique and has played a significant role at this most crucial time. In fact, present circumstances have shown how effective this project was for the sake of humanity.

Over the years, Nishtha's Health Care Assistants' have emerged as an important resource at the community level to improve access to healthcare services. The contribution made by them in facilitating community engagement with the health system, in enhancing demand for and access to public health services is well recognized. These Health warriors have not only played a critical role in successfully addressing the health care requirements during the threatening Global Pandemic situation, but have also become the key support at community level in rollout of a variety of public health interventions in the area of communicable diseases also. In the current context of policy shift from provision of selective primary health care to comprehensive range of services at primary level, the roles of Nishtha's Health Care assistants' are also being expanded. Their work now has been acknowledged by all sects of the community; especially by the stakeholders.

The importance of this Project

The girls seeking nursing training through this flagship project, come from an extremely grave background. Most of the girls are first generation learners. Procuring food for one time in a day too is a nightmare for such families. In such a situation, the family of these girls could hardly think about providing their daughter with such vocational courses. However Munakata Foundation has provided them the scope to fulfil their dreams and the best thing is that today almost all the girls associated with this project, consider themselves enormously lucky. Their parents, too, consider themselves to be tremendously happy after seeing the success of their daughters.

Presently we have **30 trainees** in this third batch. They come from the most underprivileged families residing in the villages namely, Nihata, Kalyanpur, Madhya and Dashin Kalyanpur, Arjun Para (Magrahat -II), Purba Ramnathpur, Andharmanik, Salepur, Uchhey khali, karimabad (Magraht- II), Rakshaskhali, Chandanpur, Mamudpur, Indrapala, Moukhali, Peerkhali, Tapukur, Dingelpota, Nihata, Ramkrishnapur, Mohanpur, Rajpur (Mathurapur).

Activities of the project during this reporting period:

Total Trainees – 30 Girls, these 30 trainees were divided into two groups. Each group contained 15 girls.

Qualification – Passed Higher Secondary and above

Batch timings –

- o Group A (11:00 Am to 01:00 Pm)
- o Group B (02:00 Pm to 05:00 Pm)

Class Schedule –

- o Theory – Twice in a week
- o Practical – Twice in a week

Class Venue –

- o Theory – Nishtha & Parbati Nursing Academy
- o Practical – Parbati Nursing Academy

Trainer/Resource Person –

1. Ms. Subinita Auddy (Superintendent of Parbati Nursing Academy/Senior Matron Desun Hospitals and lecturer in Desun Nursing training school, Kolkata)
2. Mr. Atin Auddy (Proprietor of Parbati Nursing Academy)

3. Dr. Dhruva Jyoti Das (Medical Practitioner/Expert Trainer, Nishtha)

Internship (Practical Training) Venue –

Santiniketan Nursing Home, Shahjahan Road, Baruipur, Kolkata 700144 under direct supervision of Rima Sultana (MBBS MS), Director of Santiniketan Nursing Home/Surgeon of SSKM Hospital, Kolkata

Topic of Discussion –

1. Introduction of nursing and its history
2. Quality, duty and responsibility of a nurse
3. Anatomy of Human Body
Osteology, Myology, Splanchnology, Genoto-urinary organs of male and female
4. Physiology of cardio vascular, circulatory and respiratory system, Blood, Heart, Pulse, Lungs.
5. Pulse with its types
6. Monitoring Blood Pressure
7. Temperature its type and technique of keeping graphical temperature chart
8. Monitoring ECG machine and reporting
9. Nebulization technology and its application
10. Medical and surgical asepsis
11. Familiar with various medical terminology
12. Disinfection of articles like face mask, apron, gown, uniform, utensils and surgical instruments
13. Hand washing technique
14. Management of isolation unit
15. Technique of IV, IM Injection
16. Bed making, bath and bed bath of patient
17. Familiar and practice of various types of position of the patients; used for the comfort of the patient after operation and during examination
18. Gynecology
Normal and abnormal labor, Diagnostic science and symptoms of pregnancy and its different stages, physiology of menstruation, dysmenorrhea, Polymenorrhea, Olygomenoria
Antenatal, Postnatal care of pregnant mother
19. Preparation of patient before delivery and operation (for doing OT)
20. Identification of surgical instruments, its application and method of sterilization
21. Source of drugs along with administration method.
22. Abbreviation of doctors' prescription language
23. Root of administration of medicine
24. Identification of surgical instruments and its uses

Practical Class Done:

1. Bed making
2. Examination of patient
3. Demonstration of various change of position of patient and its application
4. Blood Pressure monitoring
5. ECG monitoring and reporting
6. Monitoring of Nebulization machine
7. Use and application of Catheter
8. Method of giving saline drip, injection and blood transfusion
9. Artificial respiration of resuscitation and asphyxia patient
10. Use of Oximeter and Oxygen Cylinder
11. Familiar with surgical instruments and its applications
12. Self-isolation and isolation of patient
13. Sterilization of articles, instruments, etc.

ACHIEVEMENTS OF THIS FLAGSHIP PROJECT

SUCCESSFUL CANDIDATES OF THE FIRST BATCH OF 2019

- In the year 2019, 13 girls undertook this training and the best thing is all these thirteen girls are either associated with some health sectors or have taken home nursing as their profession and are earning more or less 6500 rupees per month

SUCCESSFUL CANDIDATES OF THE SECOND BATCH OF 2020

- In the year 2020, 18 girls undertook this training.
- Only one girl, Chandrani Dhapar, is associated with the Nursing Home; whereas rest of them chose home nursing as their profession and all are earning almost 6500 to 7000 rupees per month.
- However during the First wave of Covid -19 Pandemic, despite all these girls were undergoing training, they were immediately called by various safe homes, hospitals and nursing homes for providing emergency services. They continued working there till the entire Covid Pandemic; especially during the surge at the time of 2nd wave.

SUCCESSFUL CANDIDATES OF THE THIRD BATCH OF 2021

- In the year 2021, 24 girls undertook this training.
- All the 24 girls chose home nursing as their profession.
- All these girls are earning quite handsome salary (more than Rs.9000 per month).

SUCCESSFUL CANDIDATES OF THE FOURTH BATCH OF 2022*

- In the year 2022, 29 girls undertook this training.

OTHER REMARKABLE ACHIEVEMENTS

Pandemic triggered hopelessness and uncertainty of the future. All of a sudden we saw a sharp surge in the cases of forced marriage and cruelty against women and girl children.

As far as the reports are concerned, the situation here in West Bengal is highly alarming in comparison to the other states of India. The reports states here there are 49% of child marriage in comparison to the National average which is 23.3%; which means the rate of Child marriage of West Bengal is more than double of the national average rate; moreover the state ranks 2nd in Trafficking and 1st in Domestic violence and Acid Attacks.

One can easily understand how fearsome the situation must have been, even for the girls who are supported under these programs. But it was this charismatic project which offered them to become self-dependent and protect themselves from the menace.

In this last 4 successful years of this project period we had no cases of forced marriage of our project supported girls.

This was indeed a great achievement; especially at the time when people were struggling for a morsel, longing for the overhead roof after the two disastrous cyclones,

Amphan and Yaas. Moreover, besides their profession, they also kept themselves busy in doing philanthropic activities in their villages. We feel what they have achieved in such circumstances is beyond the words of praise and has been acclaimed by all sect of people in the community. These achievements would always have remain a dream if they haven't received your support. We are extremely grateful to Munakata Foundation for supporting us with such an amazing program; this true generosity from you has today encouraged all these girls to accomplish their dreams.

Thank you Munakata Foundation!

CASE STUDY

Name: Chandrani Dhapar

Age: 34

Qualification: B.A.



Chandrani was compelled to go back to her parent's house after being mentally harassed by her alcoholic husband and in-laws. She felt the need to be independent despite objections from her in-laws. During that time, her cousin sister, who did the nurse aide course herself from Nishtha's, 'Training for the Health Care Assistants' Program, introduced her to us.

Since then there was no looking back for her. With tremendous hard work and dedication she successfully completed her training and started working in Shantiniketan Nursing Home. This encouraged her to be resilient.

Chandrani is now earning and is able to financially support her in-laws and parents.

She says, prior to being engaged to this flagship project, she hardly was left with any hope to survive. The time was indeed very tough for her and she had no clue on what to do. Her husband would make random visits to her parental home and demand money. When they were unable to give it she was abused and physically tortured. Despite odds she wanted to pursue this training since she thought she had a big role to play, not only for her family but also for her community.

2020 was the year when the entire world came to a standstill with the beginning of the Covid Pandemic. This raised the emergency in the health sectors and also gave the opportunity to many frontline health service providers. Chandrani too got the opportunity she was keenly waiting for. As soon as she started working for Shantiniketan Nursing Home, she was noticed by everyone and also received enormous love from the hospital staff. More importantly the patients too were very happy with her service. But her in-laws did not want her to go out as they thought she might infect the entire family. This was then they did not allow her to enter the house anymore and as a result, she had to go back to her maternal house as she determined to continue her service.

After four months she was called back by her in-laws to do household chores, since her sister-in-law was delivering a baby. She was highly overworked and was unable to complete her internship on time. Moreover, her in-laws objected to her taking up a night duty job.

Her faculty understood the situation and gave Chandrani flexibility in timings so she can attend the classes after completing the household chores.

“I am very thankful and grateful to Munakata Foundation and Nishtha for giving me skills so I can earn a livelihood. Today I am able to generate a salary of around 10 to 12 thousand a month. I am now confident that I can face any challenges in life” she says.